Welcome back
Welcome back to our fast and furious Term 4! I hope you have all had a chance to spend some quality time with your children. This term will be 11 weeks long and already many activities and events have been pencilled in.

The 5-6 students had their trip to Borambola last week. The 3-4 students had their excursion to the Great Aussie Holiday Park this week. Our 3-6 students will have the opportunity to represent AWPS in the summer PSSA competition.

Transition activities will be held for our kindergarten students starting school next year and our Year 6 students will participate in high school transition activities. Swim School, Village Fair, class parties and the Year 6 graduation dinner and disco will take us towards the end of the school term. So plenty to see and do in Term 4.

Diary Dates
Friday 16th October
2016 Kindergarten Parent Information Session – 9.00 a.m.
PSSA Summer sport commences – cricket/softball/tee ball
Assembly – 12 noon – K/1C – induction of new SRC reps
Monday 19th October
Yummy Day – K/1B
Wednesday 21st October
Science Fair
Scholastic Book Club orders due
Friday 23rd October
Assembly – 12 noon – 2M

The school calendar has been sent home to families today – you can also check dates on the school website. Please keep an eye out for blue notes so that your child does not miss out on any of the wonderful end of year activities. The most expensive activities this term will be a 2 week Intensive Swimming Program for Years 2-6 students and Summer PSSA for Years 3 – 6 children.

Save the date – our Annual Presentation Day will be held on Monday 7th December at 11:45am.

Occupational Therapist Meeting
Parents are invited to attend an information session which is being run at the school next Tuesday afternoon in the computer lab.
Paul Newcombe, an Occupational Therapist, will be attending our school on Tuesday 20th October at 3.15pm to run an information session on Sensory Processing Disorder (SPD).

Information covered will include:
• What is SPD?
• What are the common indicators of SPD?
• What is it like to have SPD?
• How do the sensory systems fit into our overall development?
• How do the sensory systems impact academic learning; behaviour; attention; auditory language skills; eye-hand coordination, and more.
• Understanding how inefficient sensory systems can cause a child to be perpetually over-alert or under-alert.
• The neurological mechanism which controls a child’s alertness.
• How to change a child’s level of alertness (i.e. keeping both “high-engine” and “low-engine” kids in the middle).
• Understanding sensory “regulating behaviour”.
• Assessment, treatment, and environmental changes for the SPD child.

We hope to see you there.

**Murray Art Museum Albury (MAMA celebration)**
The Albury Regional Art Gallery has been under major redevelopment over the past 18 months. As part of the reopening celebrations a MAMA Primary Schools Celebration Day was programmed.

Albury West, along with 5 other Albury primary schools, participated in the celebrations. Senior students have worked with Rachel McNamara, a local artist, for the past two terms in preparation for today’s performance. They have been rehearsing a theatrical response to Bunyips and today were very excited to perform in QE11 Square.

Thank you to Rachel for all of her hard work and well done to all of our senior students for their wonderful performance today – a result of hard work and perseverance.

**Swim School**
Once again Albury West Public School and the Riverina School Sports Association will be offering a learn-to-swim program for students in Years 2-6 in Weeks 8 and 9, commencing 23 November. This program offers students the opportunity to develop their swimming skills under the instruction of qualified (AUSTSWIM) instructors and school staff. An expression of interest note has been sent home. Please note priority will be given to students who are not yet able to confidently swim a distance of 25 metres. Swimming is a vital skill for our students, particularly as we live near waterways. If your child will benefit from these lessons please complete and return the note to the class teacher by Friday 30 October (Week 4). Please note late applications cannot be accepted.

**ICAS Mathematics Results**
Once again we have achieved academic success in the ICAS Mathematics competition. Praveen Pathmanathan and Logan Harman received a credit. Well done to all students - this is a fantastic achievement.

**2016 Enrolments**
Enrolments for 2016 are open. To enrol your child you will need to provide:

- your child’s birth certificate
- your child’s immunisation records
- and proof of current address.

If you know that you will be moving during the Christmas vacation and will not be returning to AWPS next year we would appreciate you letting us know. If you know of anyone new to the area, we would be very grateful if you can ask them to contact our office.

**The 2016 Kindergarten parent/carer information day will be held tomorrow in the library, commencing at 9:00am.**

**Lap-a-thon**
Thank you to all of the families who got behind our skip-a-thon. A very big congratulations is extended to students in 3/4K. These students raised $475.50 – what an amazing effort! To show our appreciation all 3/4K students were invited to a Warmer Lunch held today. They were joined by Lachlan Lambert, Tyler Harding and Callum Smith – as these students raised over $100 each.

Once again a very big thank you is extended to all students who helped our school raise $2014. Money raised will go towards purchasing further laptops for classroom use.

**PSSA Sport Commences**
Summer PSSA sport will commence tomorrow – we have teams in the tee ball, softball and cricket competitions. Students are reminded that they need to come prepared each Friday with bus money and sporting equipment. We have reinforced the mandatory wearing of hats and encouraged the wearing of correct uniforms for all student representatives in the AWPS teams.

At Albury West Public School we value highly the ideals of sportmanship, determination, school spirit, team play, fairness and respect. School sport is worth the effort and energy if we keep this in mind. Successful teams know how to win with humility and dignity and lose with grace and sportsmanship.
Hats on Heads
During Term 4 we encourage the wearing of the school broad-brimmed hat every day as protection from the sun’s rays. Please prompt your child each morning to wear their hat to school. Students who do not wear the broad brimmed hat will be asked to play in the shade. Students involved in playing PSSA sport must wear a broad brimmed hat when playing sport.

A reminder that caps are not part of the school uniform and we ask that parents do not allow their child to wear caps to school.

Excursion fun
Last week our Year 5 and 6 students headed off to Borambola and returned to us exhausted but excited about their time away. By all reports the experiences gained will be memories these children will have for years to come. Thank you to Mrs Morrison and Dharsini Pathmanathan for organising and supervising this excursion. Well done to all our students who proudly represented our school whilst away.

Lynne Wheeler, Leisa Grantham, Christina Klein and I had the great pleasure of going away on the 3/4 excursion to Great Aussie Holiday Park this week. Everyone had a terrific time – we especially loved the jumping pillow. I wish to congratulate the students on their outstanding behaviour whilst we were away – they were a real credit to their mum’s and dad’s and our school.

Thanks are also extended to Carena Leet, Michael Delaveris and Amy Campbell who gave up their time to cook the BBQ for everyone. We certainly appreciate your help and support. Thank you also to Trish in the canteen who made sure there was enough food for morning tea and lunch.

I would like to congratulate the students on their excellent behaviour and cooperation. It was great to see everyone looking after each other and showing leadership qualities. Several of the activities required teamwork, for example the low ropes course, and our students were able to demonstrate this skill effectively.

Premiers Spelling Bee
Congratulations to our clever speller, Angus Bell. He has been selected to attend the Premiers Spelling Bee State Final. This will be held on 11th November in Sydney. We wish him all the best as he proudly represents Albury West.

New Student Council Representatives Induction
We would like to say a very big thank you to Stephanie McNair-Eade, Damon Sinclair, Alexandra Walsh, Lachlan Lambert, Jaxon Charles and Angus Bell for the wonderful role that they played on the SRC during Term 3.

Newly elected members on the SRC for Term 4 include:
3/4GW – Reilly Wilkinson and Chloe Kettle
3/4K – Samson Delaveris and Bella Bradshaw
5/6B - Meg Kirkwood and Praveen Pathmanathan

I know that these students will be fantastic in the leadership roles. Our newly elected members of the SRC will receive their badges at the assembly to be held tomorrow.

Crossing
A very special reminder to our parents and students that our school crossing is manned in the morning and the afternoon by an employee of the RMS to keep our children safe when they are crossing the road before and after school.

Please make sure that everyone crosses the road at the right spot and that you are never in so big a hurry either driving past the crossing or walking your children to the crossing that someone is injured. We would ask that parents do not call their child to cross the road further along Mott Street.

Save the date:
The 2016 Kindergarten parent/carer information day will be held tomorrow Friday 16th October in the library, commencing at 9:00am.

Sharon Julien
Principal
SCHOOL ASSEMBLY AWARDS

Congratulations to the following award winners:

Student of the Week
Kobie Maher
Allirah Whybrow
Brandon Fitzgerald

Gotcha Awards
Mrs Keed
Mrs Klein
Brandon Fitzgerald
Felicity Carr

Merit Certificates
K/1B
Isaiah Whybrow
Blake Heeman

2M
Taneisha Murray

3/4K
Jacob Horn
Rory Manley

K/1C
Miley Mundy
Kaylee Nugent

3/4GW
Thomas Stevens
Maverick Parker

5/6B
Jake Taylor

Citizen Awards
K/1B
Kristen Mundy-Thiele
Malakai Rigney

2M
Callum Hillier
Callum Smith

3/4K
Billy Taylor
Allesia Mitchell

K/1C
Abby Quinn
Brock Loney

3/4GW
Riannan Fitzgerald
Stephanie McNair-Eade

5/6B
Mikaylah McNair-Eade

Tidy Bee
K/1C (2 weeks)

Class of the Week
K/1B & 3/4GW

How to Learn Awards

Respect, Responsibility, Care.
The next Canteen Wednesday Specials will be:-

**October 21** – Sausage Sizzle with Quench and Zing - $4.00

**October 28** – Chicken Pattie Burger and Juice Box - $4.00

Having fun at Borambola, Great Aussie Resort and MAMA
Community News

2nd Albury Scouts
MONSTER GARAGE SALE
Saturday October 24th
8am till 2pm
@ Scout Hall, North St, Albury
Car wash, BBQ, cake and plants
Entry - gold coin donation
Proceeds to the purchase of new tents.

Respect, Responsibility, Care.

Free Keeping Children Safe
3 Session Program:
Friday 20 November 2015
Friday 27 November 2015
Friday 4 December 2015
9:30am to 1pm
Mission Australia
2/432 Townsend St, Albury

To help parents understand:
- The importance of creating a safe home environment for their children
- The need to protect children and young people as they grow and develop
- What to teach your children to keep them safe

Bookings are essential please contact your
Case Manager or RBVP by emailing
ParentingRiverina@missionaustralia.com.au
or contact Stacey on 6042 8011

A light refreshment will be provided.
Please select from the food safety requirements at time of booking.
Thank you for your cooperation.

Nutrition Snippet
The simplest way...
to create a healthier brekkie.

Choose these simple, tasty swaps for your family’s brekkie: they’re fruit and vegie rich and will give you the energy to get through the day!

<table>
<thead>
<tr>
<th>Swap this Breakfast</th>
<th>For these Healthier Options</th>
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<tbody>
<tr>
<td>White toast</td>
<td>- Choose wholemeal</td>
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<tr>
<td></td>
<td>- Add fresh tomato or avocado</td>
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<td>- Spread ricotta, top with</td>
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<td>sliced fruit for a sweet</td>
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<td></td>
<td>treat</td>
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<td>Flavoured milk</td>
<td>- Make a fruit smoothie:</td>
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<td>blend frozen raspberries</td>
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<td>+ honey + reduced fat milk +</td>
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<td>yoghurt</td>
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<td>Rice bubbles</td>
<td>- Porridge or wheat biscuits</td>
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<td></td>
<td>topped with banana + a</td>
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<td>small amount of honey</td>
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